



**10<sup>th</sup> IRISH OPEN MASTERS SWIMMING CHAMPIONSHIPS 2011**

**(UNDER SWIM IRELAND RULES)**

**HOSTED BY CORK MASTERS SWIMMING CLUB**

**7<sup>th</sup> May 2011, LEISUREWORLD, BISHOPSTOWN, CORK**

**Entries Close 9<sup>th</sup> April 2011**

**Late, incomplete, incorrect, unsigned entries or entries without fees will not be accepted**

Last Name: \_\_\_\_\_

First Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

e-mail address: \_\_\_\_\_  
(We can only guarantee receipt of entry via e-mail)

Team: \_\_\_\_\_

Team Coach: \_\_\_\_\_

Male/Female

Reg. (I.D.) No: \_\_\_\_\_ D.o.B: \_\_\_\_\_

**INSURANCE WAIVER:**

Swim Ireland and Cork Masters SC, an affiliated club to Swim Ireland, are not responsible for the health and safety of any participating swimmers. Insurance is the responsibility of each competitor. Only those swimmers may enter the Irish Open Masters Swimming Championships, who are paid-up members of a swimming club, which through its affiliation to their National Swimming Association in turn is affiliated to FINA.

Signature: .....

Enter Latest Time Against the Events You Wish to Enter (Maximum of Six Events)

**UNSIGNED ENTRIES WILL NOT BE ACCEPTED**

On-line entry is available on <http://www.activeglobal.com/ie/swimming/bishopstown-ireland/10th-irish-open-masters-swimming-championships-2011>

10<sup>th</sup> Irish Open Masters Swimming Championships 2011  
7<sup>th</sup> May 2011, Leisureworld, Bishopstown, Cork/Ireland

EventOrder	Gender	Distance	Stroke	Time	Age Relays
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**Session 1 – Saturday 9.30am**

45 minute Warm up: 8:30am to 9:15am.

Event Order	Gender	Distance	Stroke	Time	Age Relays
1	Mixed	200	Fly		
2	Mixed	100	Back		
3	Mixed	50	Breast		
4	Mixed	100	Free		
5	Mixed	100	I. Medley		
6	Mixed	50	Fly		
7	Mixed	200	Back		
8	M	200	R. Medley		240 years +
9	W	200	R. Medley		240 years +
10	M	200	R. Medley		200 years +
11	W	200	R. Medley		200 years +
12	M	200	R. Medley		160 years +
13	W	200	R. Medley		160 years +
14	M	200	R. Medley		120 years +
15	W	200	R. Medley		120 years +
16	M	200	R. Medley		100 years +
17	W	200	R. Medley		100 years +

**Session 2 - Saturday 2:00pm**

30 minute Warm up: 1:15pm to 1:45pm

18	Mixed	200	Breast		
19	Mixed	50	Free		
20	Mixed	100	Fly		
21	Mixed	50	Back		
22	Mixed	200	Free		
23	Mixed	100	Breast		
24	M	200	R. Free		240 years +
25	W	200	R. Free		240 years +
26	M	200	R. Free		200 years +
27	W	200	R. Free		200 years +
28	M	200	R. Free		160 years +
29	W	200	R. Free		160 years +
30	M	200	R. Free		120 years +
31	W	200	R. Free		120 years +
32	M	200	R. Free		100 years +
33	W	200	R. Free		100 years +

**Entries & Fees to:** Denis Sheehan,  
Fuchsia House,  
Sluggera Cross,  
Whitechurch,  
Co. Cork.

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## CONDITIONS

1. All competitors must be 19 years or over on 7<sup>th</sup> May 2011.

2. Age Groups (Men and Women)

A1 19 years – 24 years

A. 25 years – 29 years

B. 30 years – 34 years

C. 35 years – 39 years

D. 40 years – 44 years

E. 45 years – 49 years

F. 50 years – 54 years

M. 85 years – 89 years

G. 55 years - 59 years

H. 60 years - 64 years

I. 65 years – 69 years

J. 70 years – 74 years

K. 75 years – 79 years

L. 80 years – 84 years.

N. 90 years and over.

3. Events

All events are Heat Declared Winner in Age Classification. In each event swimmers will be seeded according to their entry time and will compete against those with similar times from the various groups taking part in the event. You may enter a maximum of six individual events.

1. For All Age Groups

50 m, 100m and 200 m Freestyle, Backstroke, Breaststroke and Butterfly

100 m Individual Medley

2. Team Events

One team per club for each age group.

Swimmers in the A1 age category are only eligible to swim in the relay events # 16, 17, 32 and 33.

Events # 8 - 17 and # 24 - 33 are considered as one event each.

A swimmer may only swim in one medley or freestyle relay.

4 x 50 m Freestyle and Medley Relays

A. 100 Years and Over (Total Age)

B. 120 Years and Over (Total Age)

C. 160 Years and Over (Total Age)

D. 200 Years and Over (Total Age)

E. 240 Years and Over (Total Age)

The organisers will have entry cards prepared for those relays, which have been entered prior to 9<sup>th</sup> April 2011. These cards will have to be collected from the information desk in the entrance lobby by the team captains/coaches at the start of session 1 on Saturday morning. Names and date of birth of each team member must be entered on the card and all cards will have to be returned to the recorder prior to the start of the gala (9:30am).

**Entry cards are in use in relay events only.**

## **NOTES:**

- A. Age as at 31 December 2011.
- B. Individual competitions are restricted to a maximum of six events.
- C. Competitors may only represent one club in the competition.
- D. In the team events, clubs may not enter more than one team per age group and there is no upper age limit.
- E. All individual events will be seeded slowest to fastest from the submitted entry times irrespective of age as per programme. No cards will be in use with the exception of relay events.
- F. Entries will not be accepted without an entry time.
- G. Ages of teams are total age as at 31<sup>st</sup> December 2011 and must be from the same club.
- H. The organisers reserve the right to limit entries if necessary.
- I. Health and insurance are the responsibility of the entrant.
- J. ALL COMPETITORS MUST COMPLETE & SIGN AN ENTRY FORM. THEREFORE, ENTRIES BY TEL/FAX CANNOT BE ACCEPTED.

## **ENTRY FEES:**

€ 8.00 per individual event and € 20.00 per team for team events.

Cheques or Bank Drafts in € (Euro) only made payable to Cork Masters.

On-line entries are taken through the Active.com event management site at;

<http://www.activeglobal.com/ie/swimming/bishopstown-ireland/10th-irish-open-masters-swimming-championships-2011>

There is no need for a SAE if entering from outside the Republic of Ireland

We can guarantee confirmation of entries only if you provide us with an up-to-date e-mail address.

**Entries & Fees to:** Denis Sheehan,  
Fuchsia House,  
Sluggera Cross,  
Whitechurch,  
Co. Cork.

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